

mayflower

Community and Care

Grapevine

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All Wrapped Up

Surrounded by brightly wrapped gifts of all shapes and sizes, the decorated Christmas tree magically makes the stress of Christmas shopping worthwhile.

Children shake and prod the gifts bearing their name, while the adults hope that their subtle hints have been remembered. The grandparents trust that there will be no more handkerchiefs or socks to add to those received in past years.

No one truly knows when the tradition of gift giving at Christmas began. Christians believe it was the wise men/kings bringing gifts to Jesus.

Others believe it began with Saint Nicholas, an extraordinary generous man who gave to families and children in need.

Whatever the tradition, Christmas is the season for giving and there is no greater delight to be found than in either giving or receiving a gift that has been especially chosen and lovingly wrapped.



Acting CEO David Cotton gets into the Christmas spirit with students from Brighton Primary

Gifts Galore

The Gift Shop at Brighton is an ideal place to stop and shop for a Christmas gift. The shelves are stocked with beautiful silver frames, cards, fragrant toiletries and tempting sweet treats.

The shop is open 10 am – 4 pm Monday to Friday and 10 am – 12 pm Saturdays.

While visiting the gift shop, you can also purchase some Christmas Raffle tickets at the reception desk. This year's Christmas hamper, valued at \$400 is bigger than ever. Tickets are \$5 each. The raffle will be drawn on 22 December.



summer

INSIDE

CEO's Christmas buzz!

Meet David Porteus,
Brighton's new Site
Manager

2nd stage Brighton
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on the move!

Service Awards for
Brighton and Reservoir
residents

*Mayflower staff
and residents
wish all of our
families and
friends a Merry
Christmas and a
Happy New Year.*





Acting **CEO**
REPORT

Christmas is just around the corner. This is a time of celebration - a time to reflect on the past year - and a time to look forward with joy to an exciting year ahead.

This is an amazing time of growth and transformation for Mayflower with the next stage of the Brighton redevelopment about to rise from the ground and the commencement of renovations at Reservoir and Macleod.

Early next year, when the unit renovations will be completed, Macleod and Reservoir will welcome new residents to their communities.

Our residents have recently enjoyed activities such as the Spring Racing Carnival and Melbourne Cup Chicken and Champagne lunch.

The Remembrance Day services held at Brighton and Reservoir were extremely moving events. My thanks go to Josie Woodgate and Greg Frankel for their efforts in organising these services.



Many Christmas events are planned for our residents who will particularly enjoy the carol singing provided by the choirs from our local schools. The December activities are a fitting lead into the traditional Christmas lunch to be enjoyed by the residents and families throughout our Mayflower community.

Our volunteers are vital to the success of Mayflower and many have provided ongoing support for our programs over long periods. On behalf of the residents and staff, I would like to thank each of you for a fantastic effort.

Mayflower staff work as an extremely committed team to provide care and support. Without this commitment, Mayflower would not be the community that it is today. I want to thank each one of you for making this happen.

On behalf of our Board of Management and staff, I wish you and your loved ones a very happy and joyous Christmas and New Year.

David Cotton
Acting Chief Executive Officer



He's a People Person



David Porteus, an experienced aged care manager and nurse, joined the staff of Brighton in June of this year.

As Site Manager, a newly created position, he has overall responsibility for the care of residents. His role includes the delivery of care, lifestyle and the provision of meals through each of the appointed managers in these areas.

When explaining his future hopes for Mayflower Brighton, David remarks, "Brighton is a great facility with a very good name in the market place and I want to continue to develop those qualities as well as nurture and encourage the staff through training and education."

A father of two (son and daughter), David has another good reason for being in Melbourne and that is to be near his two grandchildren. His daughter, elderly mother and siblings live in Tasmania.

There is one other member of David's family and that is Rudolph (Rudi for short), a Golden Retriever, aptly named because he was a Christmas present. Rudi is warmly welcomed by the residents whenever he visits Brighton with David.

David is very much a people-person who is looking forward to working more closely with residents and their families and Mayflower's volunteers.

Thank you to our Volunteers

Thank you was expressed to volunteers when they recently joined with residents for a Happy Hour. Students from Bentleigh Secondary College were also guests for this occasion.



Brighton Redevelopment

Ground works are now completed and building will soon commence.

This 2nd stage will comprise care for 13 residents, 60 independent living units, a multi-purpose hall, cafe, library, gym, billiards room, indoor heated lap pool, well-being centre and a day respite centre.

Community interest in the new 2-bedroom independent living units is growing. Information packs can be obtained by phoning (03) 9591 1100.



Platinum Anniversary

Dorothy and James Carter, residents of Brighton, celebrated their 70th wedding anniversary on 11 December. Through their happy years together they raised 3 children and have welcomed 7 grandchildren and 16 great-grandchildren into the family.



Animal Farm visits Brighton

A menagerie of cuddly farm animals recently visited the residents of Margaret Beynon House who were joined by members of staff, families and students. Nancy Haynes enjoyed the occasion with her family - who had flown from Sydney to celebrate her birthday.

Theatre Comes to Brighton

The Adelphi Players Theatre Company recently entertained Brighton residents and family members with their matinee production, 'Jack and Jill'.

She takes it in her stride

Travelling from Puckapunyal - where her husband Greg is based with the defence force - does not deter Diane Frankel, the Site Manager for Reservoir and Macleod. She loves her work in aged care and finds the daily two-hour return journey a great way to think about her day. Three teenage sons also take a little of her time!



Diane, a registered nurse, started her career more than twenty years ago and has worked in an intensive care unit, but it is to aged care that she is committed. Her response to people who ask why she has chosen aged care is to say, "Nothing will better develop your nursing skills than caring for someone who has twenty overlapping health problems."

With enhancing the care of residents, training staff, improving the facilities and ensuring continued accreditation, Diane has her hands full, but she takes it all in her stride!



Residents' AGM

The Brighton and Reservoir Residents' Annual General Meetings were held on 15 November with residents, family members and 3 Board members gathering with staff to review the year and be updated on future developments. Macleod residents joined with Reservoir for a combined AGM.

Recognition of service awards were presented to Gerry Bahen, Editha Adolfo (20 years) and Marilyn Moloney (10 years). Also to receive awards are Sue Sharry (30 years) and Lawrence White (15 years) who were on leave at the time.



l to r Gerry Bahen – 20 years, Marilyn Moloney – 10 years, Editha Adolfo – 20 years.

● Welcome to new residents and staff

● **New residents Brighton**

- Gustav Apituley
- Mary Swift
- Alberto Francischelli
- Ellen Haigh
- Henry Phillpot
- Royden White
- Miriam Heymann
- Harold Lovig
- Gordon Keam

● **New residents Reservoir**

- Antonio Olalla
- Maria Olalla

● **New staff Brighton**

- Andrea Browne (Receptionist)
- Colin Gilmour (Chef Manager)
- Ravi Ragam (Cook)
- Liz Kitchen (Consultant)

● **New Staff Reservoir**

- Joy Hilton (Nurse)
- Rodney Smout (Maintenance)
- Frances Santucci (Nurse)

A Modern Grandmother

Joselyn Owen is a vibrant and energetic woman who proclaims, "The body might be old, but I have the brain of a 17-year old!"

With a family of 4 daughters, a son, 12 grandchildren, 3 great grandchildren, and "three more on the way", Joselyn has plenty to keep her busy, but she manages to cram in so much more.

As well as being involved with the activities at Macleod, she enjoys gardening, music and reading.

Maybe it's the twelve grandchildren that help to keep her so well informed because when asked what music she enjoys, she responds, "Everything except grunge, heavy metal and techno!"

Before her marriage, Joselyn was secretary to the credit manager at Georges in Collins Street. With a family to care for and into her forties, Joselyn studied for three years for a Bachelor of Health Science degree and began work as a Naturopath.

Joselyn moved to Macleod Village eight years ago. She explains, "My mother was in care at the Southern Cross Nursing Home and I liked the atmosphere so much that when she died, I sold the family home and moved into an independent living unit on the same site. "A lot of people leave it far too late to make this move and miss out on so much." Sharing her home is her beautiful Bichon Frise, Tassy.

Joselyn speaks warmly of Diane Frankel's (Site Manager) work and is grateful for the improvements beginning to take place at Macleod.

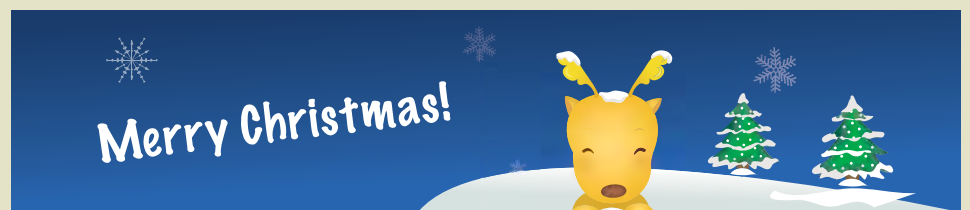


We welcome
our very new receptionist
Andrea Browne

A world first

In a world first, the BrainyApp for iPhone and iPad which was designed by Alzheimer's Australia in partnership with Bupa Health Foundation hit number one in the Australian App (Apple) purchasing store with 41,000 downloads in just 48 hours.

Developed in the hope that it will raise awareness of the risk factors for Alzheimer's disease and other types of dementia, the BrainyApp is free and available to download on iTunes.



Donate to Mayflower

- I would like to discuss including Mayflower in my Will
- Please send me information about making a bequest to Mayflower
- I have already included Mayflower in my Will

yes

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